

Curriculum Vitae Dr. Paola Giustina Maria Simeone

Personal information

Name: Paola Giustina Maria Simeone, MD

Date of birth: 01.06.1989 in Casoli (Chieti), Italy

Nationality: Italy

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Education and Qualifications

October 2014: **Medical degree** (cum laude), University of Chieti "G. d'Annunzio", Italy

January 2015: Medical **Professional Qualification**, University of Chieti "G. d'Annunzio", Italy

February 2016: **Scholarship** in "Determinants of the interindividual variability in responsiveness to low-dose aspirin in patient with and without diabetes: insights into platelet proteome and microRNA profile", Faculty of Medicine, Department of Medicine and Aging, University G. d'Annunzio of Chieti-Pescara, Center for Advanced Studies and Technology (CAST), Chieti

November 2016: **Fellowship as Resident in Geriatric Medicine**, University of L'Aquila, Italy

2017-2018: **University Master in Ultrasound** in Internal Medicine

May 2018: **National Diploma in Clinical Ultrasound** (SIUMB)

Memberships in Scientific Societies

Member of the Editorial Board for the Journal: Journal of Obesity and Diabetes (ISSN: 2638-812X)

- 2015-: Member of the Italian Society of Internal Medicine (SIMI).
- 2016-: Member of the Gruppo italiano per lo Studio delle Piastrine (GSP)
- 2016-: Member of the Italian Society of Clinic Pathology and laboratory medicine (SipMel)
- 2017-: Member of the Italian Society of Hemostasis and Thrombosis (SISSET)
- 2017-: Member of the Italian Society of Hospital Geriatric medicine (SIGOT)
- 2018-: Member of the Italian Society of Diabetes (SID)
- 2018-: Member of the Italian Society of Ultrasound (SIUMB)
- 2018-: Member of the Italian Society of Geriatric Medicine (SIGG)
- 2019-: Member of the Italian Society of Angiology and Vascular Pathology (SIAPAV).

- 2019-2021: Member of the Regional Committee of the Italian Society of Internal Medicine.

SCOPUS Parameters (April 5, 2020)

- **Total number of citations: 166**
- **H Index: 7**
- Besides, she has published **Book Chapters** and some number of **abstracts** on International and National Journals.

Clinical activity

- 2016-present: Resident in Geriatric Medicine at the Department of Geriatria, Ospedale Civile “Santo Spirito”, Pescara.
- 2019-present: Clinical Volunteers at the Diabetes Clinic, Department of Clinica Medica, “SS. Annunziata” Hospital, Chieti
- 2020-present: Clinical Fellow at the Department of Geriatria, Ospedale Civile “Santo Spirito”, Pescara

Teaching activity

Teaching appointments in **Internal Medicine, Schools of Medicine, Pharmacy, Physiotherapy**, University “G. d’Annunzio” Chieti **as assistant** of Prof. Francesca Santilli.

Original Peer-Reviewed Publications (total);

1. Vadini F, **Simeone PG**, Bocatonda A, Guagnano MT, Liani R, Tripaldi R, Di Castelnuovo A, Cipollone F, Consoli A, Santilli F. Liraglutide improves memory in obese patients with prediabetes or early type 2 diabetes: a randomized, controlled study. **Int J Obes (Lond)** 2020 Jan 21. doi: 10.1038/s41366-020-0535-5.
2. Santilli F, Zaccardi F, Liani R, Petrucci G, **Simeone P**, Pitocco D, Tripaldi R, Rizzi A, Formoso G, Pontecorvi A, Angelucci E, Pagliaccia F, Golato M, De Leva F, Vitacolonna E, Rocca B, Consoli A, Patrono C. In vivo thromboxane-dependent platelet activation is persistently enhanced in subjects with impaired glucose tolerance. **Diabetes Metab Res Rev** 2019:e3232. doi: 10.1002/dmrr.3232.

3. Santilli F, **Simeone P**. Aspirin in Primary Prevention: the triumph of clinical judgement over complex equations. **Intern Emerg Med** 2019; 14:1217-1231 doi: 10.1007/s11739-019-02191-4.
4. Simeone P, Liani R, Tripaldi R, Di Castelnuovo A, Guagnano MT, Tartaro A, Bonadonna RC, Federico V, Cipollone F, Consoli A, Santilli F. Thromboxane-Dependent Platelet Activation in Obese Subjects with Prediabetes or Early Type 2 Diabetes: Effects of Liraglutide- or Lifestyle Changes-Induced Weight Loss. **Nutrients** 2018;10. pii: E1872. doi: 10.3390/nu10121872.
5. **Simeone P**, Boccatonda A, Liani R, Santilli F. Significance of urinary 11-dehydro-thromboxane b₂ in age-related diseases: focus on atherothrombosis. **Ageing Res Rev** 2018 Sep 28. pii: S1568-1637(18)30206-X doi: 10.1016/j.arr.2018.09.004.
6. Patti G, Cavallari I, Andreotti F, Calabrò P, Cirillo P, Denas G, Galli M, Golia E, Maddaloni E, Marcucci R, Parato VM, Pengo V, Prisco D, Ricottini E, Renda G, Santilli F, **Simeone P**, De Caterina R; Working Group on Thrombosis of the Italian Society of Cardiology. Prevention of atherothrombotic events in patients with diabetes mellitus: from antithrombotic therapies to new-generation glucose-lowering drugs. **Nat Rev Cardiol** 2018 Sep 24. doi: 10.1038/s41569-018-0080-2
7. Santilli F, **Simeone PG**, Guagnano MT, Leo M, Maccarone M, Di Castelnuovo A, Sborgia C, Bonadonna RC, Angelucci E, Federico V, Cianfarani S, Manzoli L, Davì G, Tartaro A, Consoli A. Effects of Liraglutide on Weight Loss, Fat Distribution, and beta- Cell Function in Obese Subjects With Prediabetes or Early Type 2 Diabetes. **Diabetes Care** 2017; 40 doi: 10.2337/dc17-0589.
8. Ferroni P, Santilli F, Cavaliere F, **Simeone P**, Costarelli L, Liani R, Tripaldi R, Riondino S, Roselli M, Davì G, Guadagni F. Oxidant stress as a major determinant of platelet activation in invasive breast cancer. **Int J Cancer** 2017;140:696-704 doi: 10.1002/ijc.30488.
9. Santilli F, Liani R, Di Fulvio P, Formoso G, **Simeone P**, Tripaldi R, Ueland T, Aukrust P, Davì G. Increased circulating resistin is associated with insulin resistance, oxidative stress and platelet activation in type 2 diabetes mellitus. **Thromb Haemost** 2016;116:1089-1099
10. Di Sabatino A, Santilli F, Guerci M, **Simeone P**, Ardizzone S, Massari A, Giuffrida P, Tripaldi R, Malara A, Liani R, Gurini E, Aronico N, Balduini A, Corazza GR, Davì G. Oxidative stress and thromboxane-dependent platelet activation in inflammatory bowel disease: effects of anti-TNF- α treatment. **Thromb Haemost** 2016; 116 (3) doi: 10.1160/TH16-02-0167.
11. Patti G, Pengo V, Marcucci R, Cirillo P, Renda G, Santilli F, Calabrò P, De Caterina AR, Cavallari I, Ricottini E, Parato VM, Zoppellaro G, Di Gioia G, Sedati P, Cicchitti V, Davì G, Golia E, Pariggiano I, **Simeone P**, Abbate R, Prisco D, Zimarino M, Sofi F, Andreotti F, De Caterina R. The left atrial appendage: from embryology to prevention of thromboembolism. **Eur Heart J** 2016; pii: ehw159 doi: 10.1093/eurheartj/ehw159.
12. Santilli F, **Simeone P**, D'Ardes D, Davì G. The deadly line linking sympathetic overdrive, dipping status and vascular risk: critical appraisal and therapeutic implications. **Hypertens Res** 2016; 39:404-6 doi: 10.1038/hr.2016.27.
13. Santilli F, **Simeone P**, Liani R, Davì G. Platelets and diabetes mellitus. **Prostaglandins Other Lipid Mediat** 2015; 120: 28-39 doi: 10.1016/j.prostaglandins.2015.05.002.

14. Santilli F, **Simeone P**, Davi G. Coagulation and infective endocarditis: sooner or later. **Intern Emerg Med** 2015; 10:539-41 doi: 10.1007/s11739-015-1258-9

Book Chapters

1. Santilli F, **Simeone P**, Liani R. Platelets, Fourth Edition. Chapter 27: Platelets and Diabetes mellitus. Edited by Alan D. Michelson. *Elsevier/Academic Press 2018*.
2. Santilli F, **Simeone P**, Liani R, Davi G. Platelets and Diabetes. Chapter · January 2017. DOI: 10.1007/978-3-319-47462-5_82. In book: Platelets in Thrombotic and Non-Thrombotic Disorders, Gresele P. pp.1225
3. Santilli F, **Simeone P**, Davi G. Terapia antiaggregante in prevenzione primaria e secondaria nel diabete. *SID (Società Italiana di Diabetologia)* 2017; 29: 229-244

I authorize the treatment of my personal data in reference to the D.Lgs 30/6/2003, n. 196

Pescara, 05.04.2020

Panda G.M. Santilli